



LONGEST TANDEM BICYCLE JOURNEY

The following act as a guide to the specific considerations and undertakings, in addition to the general requirements as detailed in the General Rules of the Record Breakers' Pack, for any potential attempt on the above record.

They should be read and understood by all concerned – organisers, participants and witnesses – prior to the event.

Please note that, as detailed in the Agreement Regarding Record Attempts, these guidelines in no way provide any kind of safety advice or can be construed as providing any comfort that the record is free from risk.

GUIDELINES

The record is for the longest journey by tandem bicycle.

1. There must be two people aboard the tandem whenever it is being ridden on roads. The same two people must complete the entire journey; thus if any member of the cycling team is unable to continue for whatever reason, he/she may not be replaced. If one cyclist is replaced the record attempt is effectively starting over.
2. Any route may be followed, but the journey should be continuous, with each leg of the journey beginning at the point at which the previous leg ended. Public transport (scheduled air, sea, or rail services) may be used between **major** stretches of the route, i.e. between continents or over water. Details of these journeys must be included with the record claim and the distances covered by this means do not count towards the record total. The riders must remain with their bicycle wherever possible (that is, travel on the same vessel, aircraft or train). Where this is not possible the riders must await their bicycle either at the city from which they were shipped, or at their destination.
3. Although it is not necessary for the riders to be on the move constantly, in keeping with the spirit of this record the riders should not remain in one place for more than two months.
4. When not on the move cyclists may travel 'locally' in their immediate vicinity using other forms of land transport, but may not travel a significant distance away from their bicycle (except during shipping). Under no circumstances may the cyclists fly to any destination, whether local or national, except when in transit with their tandem between continents etc.
5. The cyclists are allowed the benefit of a support vehicle, but at no time may they be transported in this vehicle, except for local journeys once they have stopped in a particular place. Care should be taken to ensure that the journey commences at the exact point at which the cycling stopped.

AUTHENTICATION

For the purposes of verifying any claim, the following must be provided: -

Witness Book

Any attempt must take place in view of the public, wherever possible, and a book made available for independent witnesses to sign. The book should be set up so that the following details can be included for each potential witness:

Date & Time	Location	Name	Signature

For solo and unsupported attempts, we appreciate that it might not be possible to gain an unbroken line of witnesses for the attempt, but one should try to obtain as many as possible. For an attempt, which is supported by a backup team, we would expect it to be possible to gain sufficient numbers of independent witnesses to enable verification for the entire duration of the attempt. Where possible, local dignitaries and police should be sought to sign the book.

Log Book

This book should give an adequate description of the event and full details of the participant(s) daily/overall performance.

It must be clear from the book the exact start and finish points of each leg of the attempt, the exact start and finish times and calculation of daily and total distances traveled.

All rest breaks or stoppages for whatever reason must also be fully detailed in the log.

Details of how the distances have been calculated.

Accurate professional equipment and, if possible, GPS equipment (and associated printout) should be used.

To attest to the validity and genuineness of the claim, we require signed statements of authentication by two independent persons of some standing, one of whom should have attended the beginning of the event, and if possible the end.

These statements should originate directly from the witnesses (in their own hand) and be submitted where possible on their own headed notepaper and include full contact details

Statements should not take the form of documents pre-prepared by those involved in the record attempt.